



Healthcare Network

2019-2020 ANNUAL REPORT



Colonial House, Inc.

Ralph J. Bradley, MS - Executive Director

FROM THE EXECUTIVE DIRECTOR



Overdose from the use of opioids is still happening daily. There still appears to be ongoing issues with individuals being able to access treatment and other services to aid them in getting the support needed in order to address their substance abuse issues. A large part of this is the lack of access to insurance. We are compelled to continue to look outside the box and to strategically think about ways which services can be made more accessible to all. It is the desire of Colonial House, Inc. (CHI), to be able to meet individuals where they are and to assist them in their fight against what may sometimes feel like an unbeatable battle.

As the new Executive Director, it is my desire to look at additional services which we can offer to aid in this ongoing opioid epidemic along with the fight against other substances to aid our communities. My goal to work with our team, who know the community and the services that are needed, to bring about positive changes to reduce the increasing numbers of overdoses and the families that are continually being affected by these deaths.

With much commitment, the staff of CHI have continued to provide quality services to our communities by investing their skills and knowledge in those who need us during this difficult time. There have been many stories of those who have come to our programs who have felt helpless and hopeless when entering our programs and through the commitment of our staff have been able to make remarkable changes in their lives. Our staff commitment and engaged Board are the cornerstones of our rich history. This commitment continues to send the message that we care about those we serve by having staff who are in recovery, providing treatment to ensure that our participants have someone who understands where they are and where they are trying to go. We continue to assess our Agency and the need to make change to ensure we have the necessary services to effectively address the needs of those who seek help.

We look forward to a continued long history of being proactive in the lives of those who are struggling with the destructive nature of the disease of addiction.

Ralph J. Bradley, MS

Board of Directors

Julie Pullo-Hess
Board Chair

Michael Hanscom
Treasurer

Jack Hynd
Secretary

Milt Steinhauser
Betty Carroll
Doug Schmidt
Vicki Glatfelter
Joyce Bowers
Joseph Racette
Doug Mackenzie

Management Team

Ralph J. Bradley, MS
Executive Director

Val Alwine
Accounting Manager

Tara McBride
Clinical Supervisor
(Outpatient)

Allison Schleig
Clinical Supervisor
(Inpatient)

Mission statement:

*Colonial House, Inc.
strives to be proactive in
the treatment and
recovery of those
impacted by the
destructive nature of
substance use disorders.*

Philosophy of treatment:

*Colonial House, Inc
adheres to the highest
level of ethical and
professional standards
and is committed to
providing professional
care in a safe, nurturing
environment utilizing
evidenced based
practices.*

Our Organization's History

Colonial House, Inc. was founded to provide a transitional supportive and therapeutic environment in a home-like setting for male's seeking recovery from their addiction to substances. Colonial House was originally located in a stone farmhouse at Pleasant Acres in east York in 1969. The original building housed 8 residents.

Since our beginning, Colonial House has grown to house two inpatient treatment programs and one outpatient treatment program. Colonial House creates a stable, nurturing environment, which is conducive to, not only, allowing each client to develop healthy, productive, drug free lives, but also to assist them in acquiring the skills to achieve sobriety and maintain a chemical free lifestyle. In order to maintain a chemical free lifestyle, we believe in guiding our clients through each step in their recovery.



Our Treatment Programs

Colonial House strives to be proactive in the prevention, treatment, and recovery of those impacted by the destructive nature of addiction. The following methods are used to aid individuals in the treatment process in our inpatient and outpatient treatment programs:

Inpatient Treatment Programs

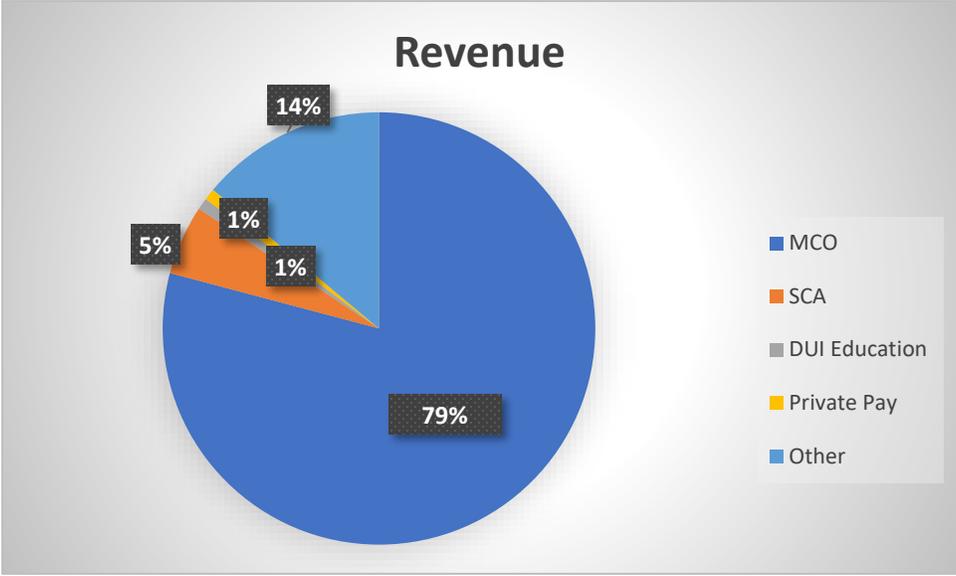
- 30, 60 & 90 Day Residential Treatment Options
- 12 step education and support
- Relapse Prevention Education
- Individual & Group Counseling
- Family Support and Education
- Education of Spirituality and Recovery

Intensive Outpatient Groups

- 2-3 group sessions per week for 6-9 weeks
- 1 individual session weekly
- Treatment groups offered in the morning and evening
- Relapse Prevention
- DUI Classes

REVENUE

Managed Care Organizations (MCOs)	\$1,643,711	(79%)
SCA	\$ 114,216	(5%)
Private Pay	\$ 20,089	(1%)
DUI Education	\$ 21,600	(1%)
Other	\$ 285,736	(14%)



Breakdown of Other Revenue:

Contributions	\$125,998
Grant Funding	\$158,335
Miscellaneous	\$ 1,403

EXPENSES

Salaries & Wages	\$1,084,985	(55%)
Employee Benefits	\$ 238,771	(12%)
Other Expenses	\$ 651,157	(33%)

Other Expenses include: occupancy, client support and professional/legal services.

